

With our survey, we're finding answers
to improve the health of mothers
and babies in Nebraska.

PRAMS

Pregnancy Risk Assessment Monitoring System



Moms Helping Moms

If you receive
a PRAMS
survey in the
mail, please
fill it out and
return it!



For more information:

Call the PRAMS office at **1-877-873-1876** or
visit our website at **www.dhhs.ne.gov/prams/**